



Date:

Dear

This letter/email is to confirm your appointment with me on *day/date* at *time*.
Please note the following information:-

- Bring a note of any medications with you (or the medications themselves) either prescribed or over the counter including any homoeopathic or herbal remedies you are using. It will aid in assessing your condition and help reach a correct diagnosis.
- On the first visit I will take a detailed case history including a full medical history. Then, depending on the location of the problem I will usually want to make a full examination of the spine. or the region where there is pain. This may involve undressing to your underwear, however, you can wear shorts and a tee shirt if you prefer.
- A gown can be provided if you wish. You are welcome to bring a friend or relative with you into the treatment room if it makes you feel more comfortable. Please note that the case history taking and examination will take up most of the time on the first visit.
- At the end of the first consultation/examination a detailed explanation of the diagnosis and proposed treatment will be given to you. Please do not hesitate to ask any questions about anything that you do not understand regarding the proposed treatment.

The current fees are £45 for your first visit which will normally last approx 1 – 1 ½hrs and £40 for subsequent visits which will normally last for 45 mins, emergency call out fee £110. However, please note that these appointment lengths may vary, as some conditions need extra time and some require less time. The important point to remember is that your osteopath aims to achieve maximum benefit for your condition during each treatment session. The fee reflects your osteopath's experience and treatment decisions taken on each occasion.

If for any reason you decide not to take up this appointment, please call as soon as possible to cancel. I can then give your appointment to another patient. If you cancel with less than 24 hours' notice, then the clinic's policy is to charge £15.

I look forward to seeing you on *day/date*.

Yours sincerely

Jayne Murphy DO

p.s. Please bring this letter/a copy of this email with you to your appointment.